

PROCEDURE FOR DEVELOPMENT OF THE VIBRATO MOTION

Inspired by the multi-sensory teaching technique of

Phyllis Young

Cf., *Playing The String Game*, p. 92 et seq.

MATERIALS: A box of Tic-Tacs and a rubber band.

SET-UP: The box of Tic-Tacs is attached to the back of the hand longitudinally with the rubber band.

STEP 1: Slide the hand on an imaginary fingerboard, listening to the even rattle of the Tic-Tacs.

STEP 2: In playing position, bow on string, slide on the fingerboard in the area of 2nd Position, balancing the hand on the middle fingers.

STEP 3: Make the same sound with 1st finger located on the fingerboard.

Make the same sound with 2nd finger located on the fingerboard.

Alternate 1st and 2nd fingers.

ALWAYS RETURN TO THE PREVIOUS STEP AT THE FIRST UNEVENNESS IN THE SOUND OF THE TIC-TACS. DO THE PREVIOUS STEP SUCCESSFULLY AND THEN SKIP TO STEP 7.

STEP 4: Do Step 3 with the bow playing down-up-down-up, 4 oscillations per bow.

STEP 5: Find a metronome setting that corresponds with the speed of the oscillation, e.g., two oscillations per beat at M.M. 96-120. Repeat Step 3 with the metronome.

STEP 6: Change the metronome setting in small increments to alter the speed of the oscillation.

STEP 7: Take a Tic-Tac out of the box and throw it away (or eat it).

Go through the steps in order each day (always stopping at any step that is uneven and returning to the previous step) until the box is empty.